does not require the level of services provided by a NF and does not require specialized services regardless of his or her length of stay, must be discharged in accordance with §483.12(a). The determination notice must provide information on how, when, and by whom the resident will be advised of discharge arrangements and of his or her appeal rights under both PASARR and discharge provisions.

- (n) Specialized services needed in a NF. If a determination is made to admit or allow to remain in a NF any individual who requires specialized services, the determination must be supported by assurances that the specialized services that are needed can and will be provided or arranged for by the State while the individual resides in the NF.
- (o) Record retention. The State PASARR system must maintain records of evaluations and determinations, regardless of whether they are performed categorically or individually, in order to support its determinations and actions and to protect the appeal rights of individuals subjected to PASARR; and
- (p) Tracking system. The State PASARR system must establish and maintain a tracking system for all individuals with MI or MR in NFs to ensure that appeals and future reviews are performed in accordance with this subpart and subpart E.

[57 FR 56506, Nov. 30, 1992; 58 FR 25784, Apr. 28, 1993]

## § 483.132 Evaluating the need for NF services and NF level of care (PASARR/NF).

- (a) Basic rule. For each applicant for admission to a NF and each NF resident who has MI or MR, the evaluator must assess whether—
- (1) The individual's total needs are such that his or her needs can be met in an appropriate community setting;
- (2) The individual's total needs are such that they can be met only on an inpatient basis, which may include the option of placement in a home and community-based services waiver program, but for which the inpatient care would be required;
- (3) If inpatient care is appropriate and desired, the NF is an appropriate

institutional setting for meeting those needs in accordance with §483.126; or

- (4) If the inpatient care is appropriate and desired but the NF is not the appropriate setting for meeting the individual's needs in accordance with §483.126, another setting such as an ICF/MR (including small, community-based facilities), an IMD providing services to individuals aged 65 or older, or a psychiatric hospital is an appropriate institutional setting for meeting those needs.
- (b) Determining appropriate placement. In determining appropriate placement, the evaluator must prioritize the physical and mental needs of the individual being evaluated, taking into account the severity of each condition.
- (c) Data. At a minimum, the data relied on to make a determination must include:
- (1) Evaluation of physical status (for example, diagnoses, date of onset, medical history, and prognosis);
- (2) Evaluation of mental status (for example, diagnoses, date of onset, medical history, likelihood that the individual may be a danger to himself/herself or others); and
- (3) Functional assessment (activities of daily living).
- (d) Based on the data compiled in §483.132 and, as appropriate, in §§483.134 and 483.136, the State mental health or mental retardation authority must determine whether an NF level of services is needed.

## § 483.134 Evaluating whether an individual with mental illness requires specialized services (PASARR/MI).

- (a) *Purpose*. The purpose of this section is to identify the minimum data needs and process requirements for the State mental health authority, which is responsible for determining whether or not the applicant or resident with MI, as defined in §483.102(b)(1) of this part, needs a specialized services program for mental illness as defined in §483.120.
- (b) Data. Minimum data collected must include—(1) A comprehensive history and physical examination of the person. The following areas must be included (if not previously addressed):
  - (i) Complete medical history;
- (ii) Review of all body systems;

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- (iii) Specific evaluation of the person's neurological system in the areas of motor functioning, sensory functioning, gait, deep tendon reflexes, cranial nerves, and abnormal reflexes; and
- (iv) In case of abnormal findings which are the basis for an NF placement, additional evaluations conducted by appropriate specialists.
- (2) A comprehensive drug history including current or immediate past use of medications that could mask symptoms or mimic mental illness.
- (3) A psychosocial evaluation of the person, including current living arrangements and medical and support systems.
- (4) A comprehensive psychiatric evaluation including a complete psychiatric history, evaluation of intellectual functioning, memory functioning, and orientation, description of current attitudes and overt behaviors, affect, suicidal or homicidal ideation, paranoia, and degree of reality testing (presence and content of delusions) and hallucinations.
- (5) A functional assessment of the individual's ability to engage in activities of daily living and the level of support that would be needed to assist the individual to perform these activities while living in the community. The assessment must determine whether this level of support can be provided to the individual in an alternative community setting or whether the level of support needed is such that NF placement is required.
- (6) The functional assessment must address the following areas: Self-monitoring of health status, self-administering and scheduling of medical treatment, including medication compliance, or both, self-monitoring of nutritional status, handling money, dressing appropriately, and grooming.
- (c) Personnel requirements. (1) If the history and physical examination are not performed by a physician, then a physician must review and concur with the conclusions.
- (2) The State may designate the mental health professionals who are qualified...
- (i) To perform the evaluations required under paragraph (b) (2)–(6) of this section including the—
  - (A) Comprehensive drug history;

- (B) Psychosocial evaluation;
- (C) Comprehensive psychiatric evaluation;
  - (D) Functional assessment; and
- (ii) To make the determination required in paragraph (d) of this section.
- (d) Data interpretation. Based on the data compiled, a qualified mental health professional, as designated by the State, must validate the diagnosis of mental illness and determine whether a program of psychiatric specialized services is needed.

## §483.136 Evaluating whether an individual with mental retardation requires specialized services (PASARR/MR).

- (a) Purpose. The purpose of this section is to identify the minimum data needs and process requirements for the State mental retardation authority to determine whether or not the applicant or resident with mental retardation, as defined in §483.102(b)(3) of this part, needs a continuous specialized services program, which is analogous to active treatment, as defined in §435.1010 of this chapter and §483.440.
- (b) Data. Minimum data collected must include the individual's comprehensive history and physical examination results to identify the following information or, in the absence of data, must include information that permits a reviewer specifically to assess:
- (1) The individual's medical problems;
- (2) The level of impact these problems have on the individual's independent functioning;
- (3) All current medications used by the individual and the current response of the individual to any prescribed medications in the following drug groups:
  - (i) Hypnotics,
  - (ii) Antipsychotics (neuroleptics),
- (iii) Mood stabilizers and antidepressants,
- (iv) Antianxiety-sedative agents, and
- (v) Anti-Parkinson agents.
- (4) Self-monitoring of health status;
- (5) Self-administering and scheduling of medical treatments;
- (6) Self-monitoring of nutritional status: